

Free!

dot!

News for Women and Women in the News



**Star Date's
Sandy Wood**
The voice of a
clear night sky
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AUGUST 2010

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CONNECTING THE DOTS

Another very successful Chicks Mix



L-R: Kathy Saco and Rose Kandik were pleased with the raffle baskets at the Chicks Mix '10.

The 2010 Chick Mix, the main fundraiser for Chicks for Charity was held Wednesday, July 21, under a large tent in the Toledo Botanical Garden. The sultry weather didn't stop more than 700 chicks and junior chicks from raising more than \$40,000 for the charity's selection, The Victory Center. Chick Connie Spevak won the silent auction item, an "ultimate skin care package" from Evolv Medical Aesthetics and donated it back to The Victory Center. One of the unusual



The large crowd enjoyed mingling and bidding on auction items at the Chick Mix.

items up for auction was a custom-designed Chicks for Charity corn-hole set.

The Chicks for Charity committee will be reviewing new applications for its future charitable giving this fall. Watch the Web site, chicksforcharity.net for applications to be the recipient of fund-raising activities from this organization.



St. Luke's Auxiliary plans style show and card party

St. Luke's Hospital Auxiliary Team 3 is hosting a Card Party and Style Show Monday, Oct. 11, 1-4 p.m. in the St. Luke's Hospital Auditorium. Guests will enjoy an afternoon of dessert, coffee and a sophisticated style show presented by Elegant Rags of Perrysburg. The card party will begin after the style show. Participants may also

play board games. Tickets are \$15 each. For tickets or information, call Sue Henry, 419-725-2726, or Dorothy Hill, 419-878-2964.

The St. Luke's Hospital Auxiliary donates all fund-raising proceeds to the St. Luke's Hospital Foundation to purchase hospital equipment, fund expansion projects and to enhance patient care.

Fundraising Professionals call for nominations

The Northwest Ohio Chapter of the Association of Fundraising Professionals (AFP) is currently accepting nominations for awards to be presented at National Philanthropy Day (NPD) 2010. NPD is an opportunity to recognize outstanding philanthropic efforts in the northwest Ohio community. Nominations are currently being accepted in the following categories:

- Outstanding Philanthropist
- Outstanding Corporate Philanthropist
- Outstanding Volunteer Fundraiser
- Outstanding Foundation
- Outstanding Fundraising Professional

Outstanding Youth in Philanthropy, Ages 5-17

Outstanding Youth in Philanthropy, Ages 18-23

Outstanding Media Outlet for Best Nonprofit Media Coverage

Winners will be selected by a panel of judges comprised of local leaders engaged in philanthropic efforts. Honorees selected will receive their awards at the National Philanthropy Day luncheon Wednesday, Nov. 10. Nomination forms can be obtained by visiting <http://afpnw-ohio.afpnet.org/NorthwestOhioNPD.aspx> and are due by Aug. 13.

ALMA dance troupe offers summer programs

The ALMA drum and dance organization will offer the following summer programs:

- Drum Classes: "Soul Djembe Drumming" with Yaya Kabo Sunday, Aug. 1-22, 12:30 p.m.

Master Drummer Yaya Kabo offers a 4-week series of classes for all students of djembe drumming. Classes are \$25 per session or \$75 for all four classes prepaid.

- Dance Classes: "ALMA West African Dance" Tuesday evenings through Aug. 24, 7-8:15 p.m.

ALMA's West African Dance technique class. The classes are \$10 per individual session, or \$35 for all four classes prepaid. Each class features a warm up, traditional dance technique, choreography, along with live drumming. No experience is necessary. Children with adults are welcome, and group discounts are available. Both classes take place at the Integration Yoga Studio, 4633 West Bancroft St. in Toledo. Pre-register by calling 419-381-2755, or 419-A-OM-YOGA (266-9642) or visit www.integrationyogastudio.com.

Memorial fundraiser to benefit victims of violence

In the hope of bringing heightened awareness to domestic violence in the community, family and friends of Tammy Bowlin-Macrae, who was murdered by her boyfriend August 2007 in Toledo, have organized a walk as a way of remembering and honoring her memory. All proceeds will go directly to Advocates for Victims & Justice, Inc. in the Toledo area and contributions are 100% tax deductible.

The third annual Tammy's Walk event will be Saturday Aug. 28. The 2.5-mile walk will begin at the Walbridge Park Gazebo on Broadway Street in Toledo. Registration begins at 8:30 a.m. and the walk begins at 9:30 a.m. There will be food, drinks, etc. that have been contributed by several businesses in the Toledo area.

For more information contact walk coordinator Robin Bowlin at 419-508-6152.

Art Museum August highlights including Glassfest

The Toledo Museum of Art offers a cool respite from the summer heat with exhibits "The Psychedelic 60s: Posters from the Rock Era," "Out of Sight" and the 92nd annual Toledo Area Artists exhibition. On Sunday, Aug. 15, the museum will hold its annual Glassfest: In the Garden, a family-friendly event. There will be free hands-on activities, glassblowing demonstrations and tours.

Summer of Love films in August include *Psych Out* (1968) Aug. 6 and *Hair* (1979) Aug. 20, both at 8 p.m. in the Little Theater.

There is music each Friday evening as

well as wine tastings. Visit www.toledomuseum.org for up-to-date information.

Fibromyalgia support

The next meeting for F.A.C.E.S. (Fibromyalgia Awareness Care Education & Support) group is Tuesday, August 10, 7 p.m. The support group meets in the PNC Bank Building (formerly National City Bank), 4210 W. Sylvania Ave., Suite 102, near Westfield Franklin Park mall. The group aids those who are feeling fatigue, tired, anxious and with aches and pains. Call Linda McGaffey, 419-478-8028 or 419-460-2527 for more information.

dot! newspaper

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ADVERTISING

Amy Brown

Volume 5 Issue 1

Subscriptions \$10 per year

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Eighth in a series of the Ukraine Blog

Books in English welcomed in Ukraine

The English Club spent almost two hours applauding American friends today. Some members had to leave, but their kudos were heartfelt. First they applauded the donations to the English-language book collection, sent through the Peace Corps Partnership Grant. "Tak, \$900 for books! What a good and generous gift," Anton, the poet, said. The Starobilsk Weekly wrote an article about it, which I have yet to see. We still have another \$400 to go, I told them. Iryna, the library director, indicated, with Anton's translating help, that she has faith in America! I almost broke into "The Star Spangled Banner" but resisted the temptation.

Then the English Club applauded the Bibliomist project, funded by the Bill Gates Foundation to bring computers and Internet access to Ukraine libraries. We talked about why the library needs computers and why Internet access is important. We drafted a support letter: We support Bibliomist. Don't forget Starobilsk Library. We may be Lugansk oblast, but we are part of the world!



We talked about a free press (a hot issue with journalists here now), freedom of speech, and how Internet access helps us get information.

That led into a discussion of July 4th and Independence Day: some American history (with help from PCV Stacie) and some Ukrainian history. It was a chance to talk about independence and freedom. There was some hesitation, but Anton led a good discussion, partly in Russian, partly in English.

Then I opened my bag and brought out a surprise: Letters that Prof. Laura Kline's

Russian class at Wayne State University had sent in April (which I just received), with lots of Easter wishes to go around. I fanned them out like a deck of cards and we played a "pick a card" game. We took turns reading the notes. I suggested they write notes back and bring them to our next meeting. This is harder than it sounds, but I reassured them we can go over them together.

Finally, we opened another box of books from Toledo. Yeah Toledo! The library got more great books, including one called "The New American Bible" and another called "The Shack," which two young women browsed through and asked to take out, very excited to have the books. In addition, to everyone's delight, the box contained American flags and mementos from Toledo, Ohio, including postcards and mouse pads, and even a Mary Kay cosmetic for me. Lots of interest in the latter, a personal touch that means so much!

This magic box turned into a fantastic Independence Day gift that tied together our

myriad exercises and themes for the day. Sometimes I wonder how a session will all work out, but this one flowed seamlessly from one activity and topic to another.

And so, from the library and the English Club, thank you America, thank you Toledo, thank you Laura's Wayne State University Russian class, thank you friends who are making gifts. Please keep them coming and help us reach our \$900 goal.

Donations needed

Donors may go to www.peacecorps.gov/ and click on DONATE (you need to enter "Cary" and then "Ukraine"), you'll see a list in the left column. Click on FAQs for more information about giving, memorial gifts, how much of your gift goes to the project, and receipts for tax deductions.

With gratitude from Starobilsk, Fran

Francine Cary, Ph.D, is a former Toledoan now serving as a Peace Corps volunteer in Ukraine at age 70.

Art Center plans 25th anniversary event

Collingwood Arts Center will celebrate its 25th anniversary with an evening of fun, food and art at Raceway Park Saturday, Sept. 25, 5-10 p.m. The proceeds from the event will benefit the Collingwood Arts Center and its continuing effort to provide quality programs encouraging art in the community. According to the Arts Center, Collingwood is the only 501c3 nonprofit residential live/work/create artists' community in the state of Ohio. There will be live entertainment performed by musicians

and visual artists, an auction of original artwork and private lessons as well as bidding on usage of the Gerber House, Lois Nelson Theatre and the dance studio. The evening will also include raffle and door prizes.

Raceway Park will be offering Betting 101, "Live Harness Racing" and a buffet dinner. A cash bar is also available.

Ticket prices are \$60 a person, or \$100 for a couple. To purchase tickets contact Collingwood Arts Center at 419-244-2787 or email admin@cactoledo.org

Fall Open House! Saturday~August 21 10am~2pm

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Dear Dot ...

Fashion advice for our readers

Q. I am a "fall" as far as my color palette. I would like to start shopping early for autumn clothes in order to have to best selection. How soon will our local stores start carrying their fall clothes? What should I be looking for in fall trends regarding styles, accessories, shoes ... the whole nine yards.

A. Most large department stores begin bringing in fall items in the next two weeks - always in time

for back to school. This is a perfect time to shop major sales on summer clothes if you are looking for a few final pieces!

This fall, look for femininity. You will see soft silhouettes and luxury fabrics ... all the things that we love about the change of seasons! At work, consider looks with a feminine cut - Chanel-like suits, pencil skirts with belted blazers, purses in velvet or leather. Color highlights for fall continue to be in

the neutral palette - cream, black, gray and beige. Popular looks include layered styles, fitted pants or leggings and embellishments such as ruffles, jewels and beading.

For shoes, we still can't escape the boot! Marie Claire magazine fashion editor and Project Runway judge Nina Garcia considers it the must have accessory of the fall. We still love a bootie and, particularly, a lace-up "Granny" boot.

What's your style question?

E-mail

Dear Dot

at

info@dotnewspaper.com

Topshop now a buzz word in America

Since it launched in 1964, Topshop has become a major style authority and one of fashion's biggest success stories. Exemplifying up-to-the-minute affordable style, its brave and irreverent approach to fashion has made it the number one high street stop for style conscious shoppers and industry insiders alike.

With over 300 stores in the UK and over a 100 in growing international territories, Topshop's triumph has been all the more remarkable considering its humble beginnings. Now part of the long-standing retail force Arcadia Group, Topshop began in the basement of a department store in the North of England called Peter Robinson.

A year later, the same store allocated Topshop space in the basement of its London branch at Oxford

Circus, right in the middle of one of the city's most famous shopping streets. Less than a decade later Topshop became a stand-alone retailer. In 1994 the brand took over the entire 90,000 square ft space, and the iconic Topshop flagship store was born. It is still the world's largest fashion store on the high street, attracting over 200,000 style savvy shoppers each week.

But it's Topshop's individuality that has earned it the reputation as a destination for pioneering British fashion on the high street. A staunch supporter of young British design talent, Topshop has sponsored the globally recognized New Generation scheme since 2002, which has bolstered the careers of fashion heavy-weights such as Alexander McQueen and Matthew

Williamson, as well as emerging talents like Christopher Kane, Danielle Scutt and Mar- ios Schwab.

In September 2005 Topshop became the first high street retailer to show on schedule during London Fashion Week when it presented its own acclaimed in-house design collection Unique (created in 2001). Subsequent partnerships with international boutiques as far flung as Tokyo and LA followed.

An early pioneer of high street/ designer collaborations, partnerships with some of history's most iconic fashion names, including Kate Moss and Celia Birtwell, have further cemented the brand's reputation as fashion leader and trend setter. These covetable collections are now available beyond the high street thanks to the award winning TOPSHOP.COM, which delivers to countries around the globe. Ease of navigation and a constantly evolving magazine style that mimics the brand's approach to dressing and fashion now attracts an average of 700,000 users per week.

An attitude that is accessible to all and a bold product range has won Topshop a legion of loyal fans and truly placed it on the international style map - and now the profile of the high street legend is set to expand further with more big stores planned, including a flag ship store on Broadway in New York's Soho.

-From the Topshop Web site



"Eat Pray Love"-inspired fashions

LOS ANGELES/PRNewswire/—Leading fashion designer Sue Wong announced the launch of "Eat Pray Love by Sue Wong," a luxurious ready-to-wear collection inspired by the highly anticipated film *Eat Pray Love*, in theaters nationwide Aug. 13. The line will launch nationally in August 2010 as a special limited edition collection for fall 2010, available in fine department stores such as Neiman Marcus, Saks Fifth

Avenue, Bloomingdale's, Nordstrom's, Lord and Taylor and Dillard's, as well as on www.saks.com, www.bloomingdales.com and www.SueWong.com.

"Eat Pray Love by Sue Wong" will feature pieces influenced and inspired by the story's focus on the beauty and exotic essence of India and Indonesia, specifically, rich colors and textures, exotic flair, and intricate embellishments.

This letter just in

Dear Dot! My friends and I want to start our holiday shopping early, preferably at one location. Any suggestions?

According to Mary Hoffman, of Maumee, "The Country Garden Club Trunk Show in Perrysburg is a much anticipated annual shopping extravaganza, featuring over 25 unique boutiques from around the country. I always find special items for everyone on my holiday gift list and myself. It gives us all an excuse to shop at select boutiques and it benefits the entire community."

The Trunk Show, planned for Oct. 11-13, is the only annual event of its kind in

Northwest Ohio. It will be held at the Car-ranor Hunt and Polo Club, 502 East Second St., Perrysburg. The Preview Party is Monday, Oct. 11, 6-8 p.m. Tuesday evening, Oct. 12 is the special 'Shopping and Champagne' party held from 6-9:30 p.m. Both events have special pricing.

General admission tickets are \$5 for shopping Tuesday, Oct. 12 and Wednesday, Oct. 13, 10 a.m.-5 p.m. Luncheon is available from 11 a.m.-2 p.m. on both days.

Proceeds benefit community projects. For ticket information e-mail Trunk-Show10@aol.com.

Fashion Forward

Glamour and Like.com launch 'WhatToWear'

NEW YORK/PRNewswire/ -- The first fashion Web site that gives real-time answers to any fashion question began this summer. *Glamour* magazine and Like.com unveil WhatToWear.com, the new interactive Q&A site where visitors get quick tips from the pros: *Glamour* experts, celebrity stylist Nicole Chavez, fashion bloggers, as well as the extended fashion community.

In addition to providing free, personalized expert answers to every fashion question, WhatToWear is giving visitors visual answers, with photos of products and styled outfits that visitors can buy directly from online retailers. Using the proprietary "Style Visualization" technology, stylists can explain in pictures what before was reserved to flat text, adding a deeper dimension to traditional Q&A sites and allowing anyone to feel as styled as a red-carpet star.

In addition to having an army of *Glamour* stylists ready to deploy personalized fashion advice from their distinct point of view, WhatToWear has top fashion stylists like Nicole Chavez, Tammy Eckenswiler and Andre Austin -- who have dressed the stars on the silver screen and the red carpet -- on board to dish out their own dos and don'ts.

As part of the partnership, Glamour.com will feature guest blogs by WhatToWear stylists, highlight the most popular and recently asked questions, and provide readers with easy access to get their fashion questions answered through quick links from *Glamour's* online fashion coverage.

Like.com is the technology company responsible for fashion's first visual search engine as well as innovative fashion sites Couturios.com and Weardrobe.com.

'The Hills' Lo and TheLoDown.com

LOS ANGELES/PRNewswire/—"THE HILLS" Star Lo Bosworth has announced that she is launching her own digital media company, THELODOWN.COM. TheLoDown is a guide to fashion, relationships and the good life. Whether it's tackling your first date, decorating your new apartment, or advice about the best fashion buys and hippest hot spots, Lo's

team will share advice straight from their own personal experiences, answer reader questions and much more. Published daily, TheLoDown features five categories: Relationships, Health and Fitness, Style, Beauty, and Life.

The site gives readers the ability to ask questions, which will be answered by Lo and her team in Web site postings.

dot! Find it in a pink newspaper box near you!

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B-styled by Beth Samenuk



The Heat Is On

It's hotter than ever as we plunge headfirst into the dog days of summer. It can be challenging and tricky to find outfits that can withstand the heat and humidity and still look cool. This month, I thought it best to focus on some of the simplest trends in summer clothing to help you beat the heat.

You can never go wrong with a lightweight tank top in a neutral color. Tanks are easy and cheap, and look instantly glamorous when paired with a stylish pair of shorts. Look for breathable materials in solid colors. American Apparel is a great place to look because they have classic cotton tees in every color of the rainbow. Plus, the line is made and manufactured right here in the U.S.A. Visit the flagship in Columbus or buy online at Americanapparel.com. Want something different and ahead of the fashion curve? Tie-dye is making a comeback and many of the pieces we are seeing for fall represent this look. My top color picks are smoky charcoals and various shades of blue. For dressier occasions choose a silk tank. They look glamorous and elegant when worn with shorts and heels, and the material is super lightweight.

Designers have really showcased a more updated version of shorts this sea-

son, and you can finally find an array of styles that suit almost any body type. Pleated shorts add some volume and playfulness to the traditional chino or chambray, safari styles are still in, and you can never go wrong with a simple flat front pair. Some of my favorite shorts come from j.crew because they aren't too long or too short and they come in a variety of colors. Most are under \$50.

As with any look, choose your accessories wisely. My favorite summer jewelry is from dogeared.com. The necklaces are simple and understated yet complete any outfit and look effortless. Double up on leather-banded bracelets and rock a longer necklace with a cool charm. Some celebs even wear two or three of the necklaces at a time - they are great for mixing and matching! Stay with a flat sandal to complete the beach-chic look. All of the above looks will keep you cool while looking hot - What's more comfortable than a tank top, roomy shorts, and flats? I can't think of much! Enjoy the heat in style.

Beth Samenuk is a 2006 graduate of The Ohio State University and has worked for a major department store in Columbus and Toledo.

Project Runway's 8th season begins

New York/—PRESSWIRE—Let the sewing, stitching and snickering begin. The Emmy® Award-nominated series, Project Runway, kicked off its eighth season with 17 talented designers on Thursday, July 29. In the show's expanded 90-minute format, the new crop of designers will encounter host Heidi Klum, mentor Tim Gunn and judges Michael Kors and Nina Garcia and top-name guest designer and celebrity judges as

they face inventive challenges, unexpected eliminations and other surprises along the way. Filmed on location in New York, each episode of the eighth season will feature more couture creations and fashion flubs as the designers attempt to make the cut to show at New York Fashion Week at Lincoln Center.

Editor's note: We'll be cheering on Valerie Mayen, 28, who now resides in Cleveland.

Keeping You Informed ...



Let's Get Cooking!

With dot's Feature Cooking Instructor

Georgeann Brown *un coup de main*

The summer vegetables from my CSA (community supported agriculture) are arriving faster than what my produce drawer can handle so the only solution and certainly not a terrible one is preparing summer vegetable stew a.k.a. ratatouille.

I am reminded of the long ago story from *Yankee Magazine* where it wasn't wise to leave your car doors unlocked especially at night not because of thievery but to find overgrown zucchinis and summer squashes on your front seat. Ratatouille is the answer for this abundance.

Ratatouille, in addition to being used as a side dish, makes a great filling for omelets, or added to freshly cooked

fusilli pasta. Chop the vegetables a little finer, and turn it into a tapenade by adding rinsed capers, and pitted olives and serve it with toasted baguette slices.

I have added chicken stock and a few potatoes to turn it into a soup. It will last a few days in the refrigerator. I don't recommend freezing as is it becomes too mushy.

Our recipe this month should be used as a guide. Eggplant skin tough? Peel it. Too many fresh string beans? Add to stew. Chard, chop it and add that too.

Don't worry, bring that ratatouille to a potluck and friends will be leaving summer vegetables in your car with a note begging for more.

RATATOUILLE

3 T extra-virgin olive oil	pieces
2 cups chopped onions	2 three-quarters pounds ripe tomatoes seeded, coarsely chopped (about 6 cups)
2 1-pound eggplants, unpeeled and cut into 1-inch cubes	3 fresh thyme sprigs
4 garlic cloves, minced	1 fresh rosemary sprig, 1-2 inches
2 zucchini, cut into 1-inch pieces	1 bay leaf
1 red bell pepper, cut into 1-inch pieces	One quarter cup fresh basil, chopped
1 yellow bell pepper, cut into 1-inch	Salt & freshly ground pepper to taste

Heat oil in heavy large skillet or pot over medium heat. Add onions and sauté until tender, about 10 minutes. Add eggplants, peppers and garlic. Sauté 5 minutes. Add zucchini and sauté for 5 minutes. Mix in tomatoes, thyme, rosemary and bay leaf. Reduce heat to medium-low. Cover and simmer until vegetables are almost tender and flavors have blended, stirring occasionally, about 30-35 minutes. Remove cover and continue cooking until desired consistency, approximately 15 minutes. Remove bay leaf; stir in basil. Season ratatouille with salt and pepper to taste. Transfer to a bowl. Can be made ahead and refrigerated. Serve hot or room temperature. Serves 8

Georgeann Brown is the owner of Un Coup de Main cooking school in Dundee, Mich. Comments or questions? Reach her at www.georgeannbrown.com. Cooking classes are listed on the Web site.

Food Product Development winners named

The Center for Innovative Food Technology (CIFT) announced the winners of its Food Product Development Contest Monday, July 19. U. S. Congresswoman Marcy Kaptur and CIFT President and CEO David Beck presented the awards to **Oh My Ganache, Papa Ed's Pepper Butter and Turtle Cookie from Not Just Cookies.** The cookies are made by an aspiring business entrepreneur currently attending Central Catholic High School in Toledo.

A panel of judges reviewed written applications and presentations then based the awards on viability of the product, commercialization potential, business strategy and overall appeal in the marketplace.

Direct consultation and technical assistance from the CIFT staff will be given to each winner as well as access to the commercially licensed Northwest Ohio Cooperative Kitchen for production.

Urban Greens & Sprouts Community Gardens

Inspired by First Lady Michelle Obama's White House kitchen garden and with \$77,000 of federal stimulus dollars, officials of the Economic Opportunity Planning Association of Greater Toledo, Inc. (EOPA), opened four Urban Greens & Sprouts Community Gardens. The gardens will soon be maintained by community members and neighborhood residents. A ribbon-cutting ceremony and garden tour is scheduled from 9 a.m.-noon. Saturday, Aug. 14 and is open to the public. The tour begins at EOPA's community garden lot, located at 725 Belmont.

The Urban Greens & Sprouts Community Garden Tour additional locations are:

- Toledo SeaGate Food Bank Community Garden, 536 High St.
- City of Mount Zion Community Garden, 701 Vance St.
- Indiana Avenue Missionary Baptist / Frederick Douglass Center Community

Garden, 640 Indiana Ave.

EOPA's mission through the Urban Greens & Sprouts Community Gardens is to provide access to fresh produce, plants and flowers, educate residents about good nutrition and healthy eating, and to instill neighborhood improvement, a sense of community, economic development, and a deeper respect and love for the environment.

The kick-off will feature:

- A live broadcast from a local radio station
- Gardening celebrities
- Cooking demonstrations by Diana Patton, a local holistic health counselor, and SeaGate Food Bank officials
- Take-away garden-themed gifts for the public at each lot site
- Special presentations
- Refreshments and light fare
- Children's activities

University Church to built vertical garden

The University Church, 4747 Hill Ave., Toledo, was selected as one of five sites in Lucas County for the installation of a 2,100 plant, vertical-growing garden system through the Lucas County Department of Job and Family Services. With the goal of promoting economical, healthful eating and inspiring a sense of community, The University Church will develop the vertical garden growing system as a model for economizing on land use in urban development, conserving water and minimizing energy needs. The project will provide accessible opportunities for gardening and generate food for the people in the community.

Many local business's and generous people have donated plants and supplies

for the garden including, Eaves & Ivy, LLC, a locally owned company specializing in custom, handcrafted furniture and cabinetry, who will construct a garden shed incorporating reclaimed timber. Clean Wood Recycling donated mulch for the garden. Also, St. Ursula Academy has become an institutional partner with The University Church, knowing the project will provide diverse service opportunities for the S.U.A students and the chance to learn and experience vertical growing while providing for the good of the community.

There will be a community kick off, Sept. 1 that will include opportunities for the public to view the project.

For more information, visit the Web site; <http://theuniversitychurchtoledo.org>.

Calling all green industry professionals, Master Gardeners, and gardening enthusiasts

The 13th annual Green Industry Summer Session will be held Wednesday, Aug. 4, at Owens Community College Audio Visual Classroom Center, 11 a.m. to 4:30 p.m. This is a joint project of The Ohio State University Extension, Owens Community College and Green Industry Education Committee of Northwest Ohio.

The keynote speaker will be Dr. Dan Herms from The Ohio State University, Ohio Agricultural Research Development Center, whose topic is "Climate Change - What Science Tells Us." Following Dr. Herms, eleven speakers will present ses-

sions in four concurrent educational tracks: *Plants, Pests, Diagnostics and Water Management.* Continuing Education Credits will be available for ONCT, ASLA, ISA, Pesticide Applicators, and/or Master Gardeners.

Program registration is available the day of event for \$25, which includes lunch, with a separate fee for Pesticide Applicator Credits of \$15.00 per hour.

For additional information contact OSU Extension, Green Industry Center (419-354-6916), or online at <http://abe.osu.edu/>.

End of summer classes at Un Coup de Main, Dundee, Mich.

Aug. 5, 10 am-2 pm: Fresh Food, Local Food; Aug. 7, 10 am-2 pm: Paella on the Grill; Aug. 28, 9:30 am-2 pm: Preserving the Taste-Summer in a Jar
Each class is \$65. Call 734-529-2318 or online as www.georgeannbrown.com.

... And In The Know

Toledo Rep performances and auditions planned

Performances

"Leading Ladies" by Ken Ludwig directed by Carol Ann Erford at the Tenth Street Stage; 16 10th St, Toledo. Aug. 6, 7, 13, and 14, 8 p.m. and Aug. 15, 2:30 p.m.

From the author of Moon Over Buffalo and Lend me a Tenor comes the hilarious exploits of two down on their luck English Shakespearean actors. Opportunity knocks when an old woman dies and leaves her fortune to her long lost English nephews, Max and Steve. When our actors try to claim the fortune, they find that the nephews they are impersonating are really nieces, Maxine and Stephanie.

"Pirates of Penzance Jr."

A YoungRep Production by Gilbert & Sullivan directed by Shauna Newbold at the Tenth Street Stage. Aug. 26, 27, and 28, 7 p.m. and Aug. 29, 2:30 p.m.

The YoungRep sets sail into Gilbert and Sullivan's story of a pirate king and star-crossed lovers.

Auditions

"Chapter Two" by Neil Simon
Saturday, Aug. 28, 1 p.m. at the Tenth Street Stage. Directed by Jeffrey Albright with performances: Nov. 5, 6, 12, 13, 14, 18, 19, 20, 21.
Cast: 2M, 2F

Edgyrep readings

"A Body of Water" directed by Thea Grabiec
"Three Viewings" directed by Kate Abu-Absi
"Dog sees God" directed by Matthew Kizaur
"The Mercy Seat" directed by J. Judson Lohman
Saturday, Aug. 28, 1 p.m. at the Tenth Street Stage with performances: Oct. 23; Feb. 5; March 5; April 2, 2011. Cast: 7M, 9F between the four shows.

Community Health Education Onstage

"Marvin's room" by Scott McPherson
Saturday, Aug. 28, 1 p.m. at the Tenth Street Stage. Directed by Amy Spaulding-Heuring with performances: March 26, 2011.
Cast: 5M, 4F

"Funny Girl" proves popular at Maumee Indoor



L-R: Co-workers Sandy Scherf and Janet Madigan couldn't resist the charm of "Funny Girl."

L-R: Mother and daughter Laura and Bethany Brown were among the large crowds to see the movie.



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Macy's Shop for a Cause Saturday, October 16

Macy's will host the 5th annual Shop for a Cause benefit nationwide. Since 2006, Shop for a Cause has raised more than \$34 million for regional and local charities across the country.

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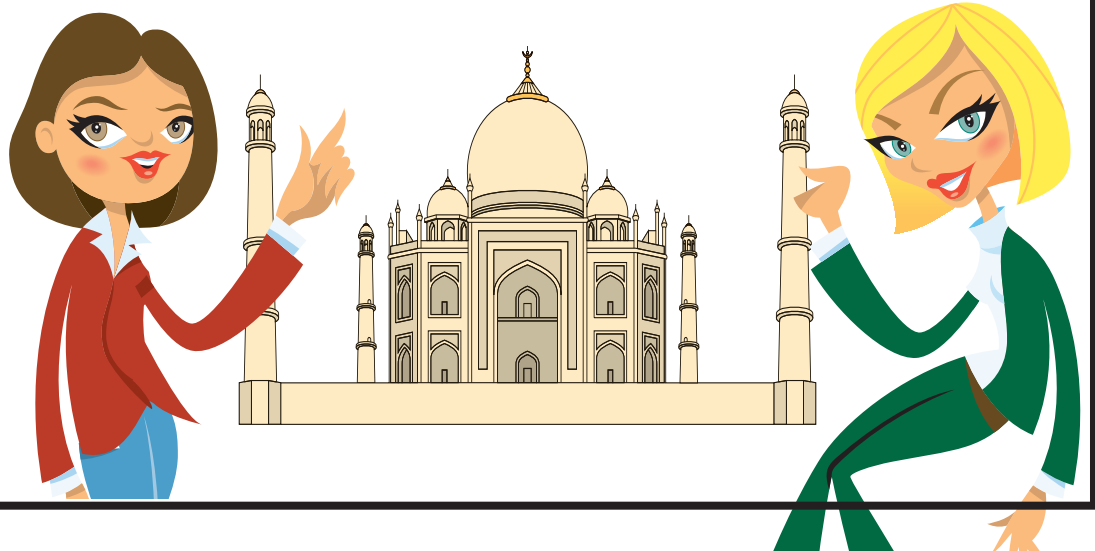
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Exclusive Interview

Meet Sandy Wood, voice talent of NPR's STAR DATE

Sandy Wood began her voice career working one summer at a small community radio station during her college years. With few women disc jockey to emulate, she learned to write her own copy and use her imagination during her broadcasts. She has taken that early training and parlayed it into a 30-year career working her voice for corporations, educational institutions, government agencies and nonprofits throughout the country. Sandy is based in the San Antonio, Tx.



Sandy Wood

She was selected as the voice talent for the longest-running national science broadcast, STAR DATE, in 1991. STAR DATE, first broadcast in 1978, is a daily two-minute presentation produced by the University of Texas at Austin McDonald Observatory about the science of the universe for more than 300 NPR radio stations.

According to its Web site, the McDonald Observatory, a research unit of The University of Texas at Austin, is one of the world's leading centers for astronomical research, teaching, and public education and outreach. Observatory facilities are located atop Mount Locke and Mount Fowlkes in the Davis Mountains of West Texas, which offer some of the darkest night skies in the continental United States. It offers public tours, classroom programs, videoconferencing and star parties.

Q. How were you chosen as the voice of Star Date? Did you audition with others, or did you submit demos? What was the process?

A. I think about 25 women and perhaps the same number of men submitted demos of their voice work and from that first batch the producer culled the talent and asked for readings of a specific Star Date script. He culled again and the number of talent candidates got smaller. And more culling. Finally the list was down to two women and I got lucky!

Q. Can you tell our readers about the most unexpected moment in your early meetings with the McDonald Observatory?

A. Without question the biggest thrill was the first time I traveled to McDonald Observatory in the Davis Mountains of far west Texas and rounded one of the winding, rocky curves and saw in the distance the domes of the two larger telescopes on top of the mountain! It took my breath away. I actually got misty-eyed to think I was connected in some way to what was going on at that impressive place.

Q. Have you a.) had journalistic input into the script b.) never had input into the script or c.) will occasionally offer suggestions for the script.

A. I almost never offer input. For one thing, Star Date's writer/producer, Damond Benningfield, is a brilliant science writer. He has the ability to take very complicated ideas and distill them into a form that the average person can understand. That is a unique talent!

Q. After broadcasting for close to 20 years for Star Date, what surprises you the most about the stars/planets/universe?

A. Recently, I heard an astronomer say that what we don't know about the Universe is 95%! Scientists know so much yet they acknowledge we don't know more

than we do. Secondly, and more personally, I am always in awe of the glorious beauty of the night sky! When one is away from city light pollution, under dark skies and looks up...Wow!

Q. Tell us about your favorite fan letter.

A. There have been several that stand out. A monk sent a framed poem that he had written in swirling calligraphy; a single dad wrote to say he and his kids listened each day and he used the time to teach them a bit of science; a speech teacher who liked my diction. Gosh, there have been many wonderful letters now that I think of it. The most satisfying encounter was with an elderly gentleman who had at one time sponsored Star Date on his public station. By the time I found

A. I hope so. I think I have a keener appreciation for the lonely work astronomers do, in darkened observatories, late at night, hour after hour at the computer looking for evidence of something new and wonderful. The skylore that has been handed down generationally in every culture is proof of the fact that people love to dream and imagine and those dreams sometime lead to discoveries.

Q. As you recall all the scripts you have read, is there one that stands out for you?

A. Damond writes some amusing scripts for Halloween - very tongue-in-cheek. We've used creepy sound effects and music which always leads to a lot of laughter in the recording studio.



The McDonald Observatory in the Davis Mountains

out about him he was quite frail and living in a nursing home. We wrote to each other for about 10 years until his death. I wrote him a brief note every month and included a script from that month's broadcasts. He was such a genuinely kind man and so appreciative. Very lovely.

Q. Do you think you look at the sky differently than the average person? How?

Q. Has this led to other opportunities for you related to astronomy?

A. I was thrilled a couple of years ago when National Geographic asked me to write the foreword for its publication, *Backyard Guide to the Night Sky*. For months I had the image of the book cover plastered on my computer as the backdrop. It doesn't get much better than NatGeo!



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Clara J's Tea Room in Maumee hosted its popular summer tent sale in July.

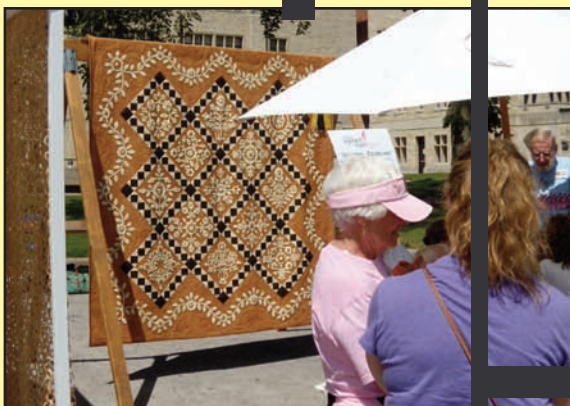
Art on the Mall mobile



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Women's Retreat: Mind, Body and Soul is funded by the St. Luke's Hospital Auxiliary.

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Women in Business

B.Y.O. Color Salon: idea is now reality for Jan LaPointe

Jan LaPointe is the definitive entrepreneur. Her latest idea, B.Y.O. Color Salon, came about because of her own frustration doing her color - you know the mess, the fuss and not-so-great results. Short of going gray, she decided to open her own salon- wouldn't you? She calls it the in-between place to go for your color solutions.

Just bring in your favorite hair color- either in a box or tube- and her experienced staff will mix, apply and shampoo. No more gray spots and no more dripping on your t-shirt or your new designer shower curtain. The cost for this luxury



Jan LaPointe, owner of B.Y.O. Color, in front of artwork by Stacy DeVerne.

is just \$20 for a single process. Add some highlights for an extra charge.

B.Y.O. Color Salon is also a full service salon offering hair cuts, manicures, pedicures, facial and full body waxing and even eyelash extensions, all at economy friendly prices. The salon also offers local artists a venue to display their art.

B.Y.O. Color Salon is located at 1635 Tollgate (just three doors from The Cookie Lady) in Maumee. Hours are Monday - Friday 9 a.m. - 6 p.m. and Saturday 10 a.m. - 4 p.m.

Right now enjoy 20% off all services during B.Y.O. Color's grand opening.

Integrated Business major now at Lourdes

Beginning fall 2010, business students will be able to design their own custom degree at Lourdes through the College's new Integrated Business Bachelor of Science program. Students who enroll in Integrated Business will complete core business coursework while, under the direction of an advisor, they tailor 24 semester hours to meet their individual needs. The program allows those with associate degrees from accredited community colleges the opportunity to transfer courses from academic programs such as computer programming, informational systems, networking and e-business toward the fulfillment of bachelor of science degree. For more information, visit <http://business.lourdes.edu>.

From Easy-Bake Oven to four-star hotels it's sweet journey for chocolatier

From the beginnings of a humble Easy-Bake Oven© back in the 1960s, Julie Lachowyn, owner and founder of Pomona Chocolates, has expanded her business online where her luxury chocolates can now be shipped across the globe.

Her Web site, www.pomonachocolates.com, is now live to better fulfill the numerous requests for her growing business. The Indiana native started her business just last year, but already her unique chocolates can be found in elegant four-star hotels.

Lachowyn enjoyed the chance to promote her Web site at a candy showcase held in Elmore, recently. The Sweet Life in Northwest Ohio, an exclusive, invitation-only event, featured numerous specialty candy makers and coffee roasters located in northwest Ohio.

Pomona Chocolates started because of Lachowyn's love for baking, instilled

by her mother and grandmother at a very young age. She eventually decided to specifically focus on gourmet chocolates as this gave her an outlet to expand her limitless creativity.

"My goal was to create chocolates that taste as exquisite as they look," Lachowyn said. "Pomona Chocolates is named for the classical Roman harvest goddess Pomona, and by way of this inspiration we use only the finest, most beautiful ingredients that nature has to offer."

The colors and flavors used by Pomona Chocolates are inspired by the change of seasons. High-end chocolates come from countries like Belgium, Switzerland and France, and spices and herbs incorporated in the chocolate's center come from all over the world. Following her detailed production process, she fills orders for the likes of the Ritz Carlton Hotel and the Intercon-

tinental Hotel - often used for guests on various VIP levels of their hotels. Throughout the year, Lachowyn typically produces 400-500 chocolates every week at two locations in Ohio, the Culinary Vegetable Institute (Milan, OH) and the Northwest Ohio Cooperative Kitchen (NOCK) - collaboration between the Center for Innovative Food Technology and the Agricultural Incubator Foundation located in Bowling Green. The



Julie Lachowyn

NOCK, a nonprofit commercial facility that educates and advises new and growing businesses, provides access to a commercially licensed kitchen, networking opportunities with other similar entities, and technical assistance.

Since 2001, the NOCK has helped more than 150 businesses in various capacities - including Lachowyn's, as she hopes to expand her products to chocolate/caramel sauces and even drinking chocolates.

For information on Pomona Chocolates, visit www.pomonachocolates.com. Entrepreneurs interested in making their food-based product a reality, contact the NOCK at 419-823-3099 or visit www.cift.eisc.org. The NOCK is located at 13737 Middleton Pike (St. Rt. 582) just west of St. Rt. 25.

Information provided by NOCK sources.

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Art de Concrete brainstorm of Sally Goligoski



Kuhlman Corp. is hosting the area's first ever Concrete Art Exhibit. The exhibition, featuring 10 artists who work in cement or concrete, opened July 16 and will continue until the end of the year. Information pamphlets are available on site at the Kuhlman headquarters, 1845 Indian Wood Circle, Maumee. The artists' works are displayed both inside and on the grounds around the building.

L-R: Nanci Shufritz, whose work is displayed at Art de Concrete, with Sally Goligoski, organizer.

Library News

Job & Career Accelerator™ now offer at Toledo Lucas County Public Library

Need to find a job? The Toledo-Lucas County Public Library's Business Technology department has announced the FREE Learning Express Library - Job & Career Accelerator™. This is an online system found on Learning Express Library that combines everything needed for a successful job search into one easy-to-use online application. The system can be accessed 24/7 from home computers at toledolibrary.org.:

Once on the Job & Accelerator™ page, view the Getting Started Tutorial and log in to get started. Here are the system's many offerings:

- Explore detailed information on over 1,000 different occupations
- Match interests and skills with the career
- Search over five million up-to-the-minute local and national job postings
- Create professional resumes and cover letters
- Practice and master interviewing skills
- Get invaluable tips and advice every step of the way

- Conveniently organize and track job-search progress all in one place

For additional information visit toledolibrary.org, or call Main Library's Business Technology department at 419-259-5209.

Toledo Heights Branch celebration

The Toledo-Lucas County Public Library's Toledo Heights Branch will celebrate its 75th Anniversary from 2-4 p.m. Wednesday, Aug. 4. The branch is located at 423 Shasta Dr.

In 1935, this English Tudor-style branch was built with the aid of a Public Works Administration grant. In 1998, the capital improvements levy allowed the Library to add a quiet study room, expand the collection space for fiction and magazines as well as provide American with Disabilities Act accommodations. The fun-filled afternoon includes magic, surprises and birthday cake for all. The event is generously sponsored by Toledo Heights Friends of the Library, and Markey's Rental and Staging.

For additional information visit toledolibrary.org, or call Toledo Heights Branch Library at 419-259-5220.



White jeans/summer parties mix beautifully

We all look forward to summer because it means we are able to pack away the bulky sweaters and jeans for at least a few months, and bring out those outfits that dare to show a little more skin. Outfits for cookouts and summer parties can be tricky because you want something that will be cute and trendy, but also be breathable and light enough to withstand the sweltering sun. Layering and accessorizing can be very difficult for this very reason because how much is too much? I've decided to help those of you still piecing together the perfect outfit for that summer fun event. Now that Memorial Day has passed all of us fashion gurus know we are "officially" allowed to wear white again, and a summer must have is a fabulous pair of white jeans. This particular item is something most women have trouble shopping for, and tend to think only super skinny women can get away with wearing; this is not the case at all! Pants always fit women of different body types differently, so you just need to find the pair that works for you. It is important to select a jean that is made of a thicker fabric to avoid the transparency of the pants. Another important element is selecting the proper undergarments to avoid those unwanted panty lines. White under white is never a good idea and will show right through, so investing in some nude undergarments for the summer is a great idea. After you have found a pair to work for you it is important to make sure the jeans amplify your best features. For example, if you are a curvy woman you will want to select a pair to show off your curves, petite women tend

to lean toward a straight leg jean to pair with either flats or heels for a longer leg look. Taller women need to find a jean to show off the length of their leg, and always make sure to have a longer inseam to avoid the cropped pant look. Even plus size women look fabulous in a white jean, and should stick with a non-see through fabric, as well as one that provides support to hold you into that jean perfectly. Once you have selected the perfect pair of white jeans its time to pair those with an amazing top. This summer we are seeing lots of bright colors and neons in the stores, which is a great complement for white jeans, not to mention a wonderful complement to a golden tan. Pairing a floral or brightly colored tunic with white will be comfortable, and the flowing silhouette will provide you with a nice breeze while withstanding the outdoors. Large rings, big necklaces, scarves, and fun shoes are some of the ways to spice up an outfit. It just depends on how much or little you would like to add to it. JCPenney, H & M, Forever 21, and even Old Navy are joining this accessory craze and providing brighter, bigger, and trendier fashion items for women trying to be a little more daring with their wardrobe. So the next cookout or outdoor get together, instead of stressing about what outfit to wear just go with something simple and comfortable and dress it up as brightly or trendy as you want. It's guaranteed they will be talking about more than just the food.

Stephanie is a graduate of Bowling Green State University where she studied fashion merchandising.



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History comes alive at Heatherdowns Library



Hannah Grohowski, dressed in soldier's garb of 1812, was on hand at the Toledo-Lucas County Public Library's Heatherdowns branch for its family fun day, July 17. This is Hannah's fifth season as a reenactor, based with the Old NW Military History Association at Perrysburg's Ft. Meigs. She travels 4-5 times a year to reenactments.

Asked how she became interested in this hobby, Hannah stated that her father is a Civil War reenactor.

dot! Find it in a pink newspaper box near you!

News for Women

Less time inside means more time outside

By Phil Walton
Social Security Manager
Toledo office

The sun is out and there are a thousand and one things you could be doing outside. The last thing you want to do is sit in traffic on your way to the Social Security office, or to wait in line once you get there. From your doorstep to the local office and back again, you could spend a lot of extra time taking care of your Social Security business. Or, you could choose to visit our online office at www.socialsecurity.gov and complete your Social Security business in a matter of minutes with no commute whatsoever.

There are so many things you can do at our online office. For example, you can apply online for retirement benefits. Our website makes it simple, allowing you to apply for retirement benefits in as little as 15 minutes. In most cases, once you fill out the application, you're done. There are no forms to sign and no documents to submit. The direct link to applying for benefits online is www.socialsecurity.gov/applyonline.

Not ready to retire yet, or not sure? We have online resources that can help you plan ahead or make your decision. Our Retirement Estimator will allow you to enter

different scenarios to come up with the retirement plan best for you. You can find it at www.socialsecurity.gov/estimator.

Perhaps you need to file an application for disability benefits. A Disability Starter Kit explains the documentation and information you'll be required to provide on the application, and includes checklists and worksheets to help take the mystery out of applying. You can find the Disability Starter Kit at www.socialsecurity.gov/disability on the left-hand side of the page.

You can apply online for Medicare, if you're within four months of your 65th birthday. Most people, even those who don't plan to start getting retirement benefits right away, need to apply for Medicare coverage at age 65. The application takes as little as 10 minutes. Learn more at www.socialsecurity.gov/pubs/10530.html. There are other things you can do online, such as apply for a replacement Medicare card, and request an SSA-1099 for tax purposes. You can learn about these and other online services at www.socialsecurity.gov/onlineservices.

So if you'd like to soak up some sun this summer, we suggest you take your Social Security business online. You may even be able to take your laptop outside and conduct your business in the great outdoors. See for yourself at www.socialsecurity.gov.

Alzheimer's Association offers free speakers

The Alzheimer's Association is the leading expert in Alzheimer's disease and related memory loss disorders with over 70 chapters in the United States. The Alzheimer's Association, Northwest Ohio Chapter serves a 24-county area with offices in Toledo, Lima, Findlay and Mansfield. It is available 24/7 to provide information and support by calling toll free: 1-800-272-3900 or through the Web site at www.alz.org/nwohio.

The Alzheimer's Association, Northwest Ohio Chapter is available for public speaking engagements through its Speaker's Bureau Program that may include: civil service groups, church groups, service organizations, staff in-service trainings and more. They can design a program to fit the needs of a specific group. Popular topics include: Memory Loss: What's Normal, What's Not, Driving and Dementia, Overview of Alzheimer's Disease and Other Memory Loss Disorders and Caregiver Issues.

Currently, there are no treatments that can prevent, delay or reverse Alzheimer disease, but it is known that what is good for

the heart is good for the brain. Therefore, eating healthy and exercising is important for brain health and may reduce risk of developing dementia and helps reduce disability in someone who has the disease. However, maintaining social activities also seems to be a deterrent to the disease.

Innovative approach to Caregiver's support

The Caregiver Phone Forum is a new and innovative approach to reaching Caregivers, in the comfort of their own homes. Many times, it is difficult for a caregiver to attend support groups so, caregiver groups are being brought to them.

Tips for trying to keep our brains healthy will be provided Thursday, Aug. 19 from 7 – 8 p.m. as the Alzheimer's Association, Northwest Ohio Chapter, in conjunction with the Legacy at Heritage Estates in Findlay, Ohio is offering a Caregiver Phone Forum. Participants are asked to dial into the meeting and enter a passcode to participate in the conference call (caregiver support group). To register for this free phone forum program, call 1-866-644-4944, Monday-Friday from 9 a.m. – 7 p. m.

Little Sisters of the Poor receive donation

ProMedica Health System (PHS) announced an agreement with Little Sisters of the Poor that will allow the charity to provide additional skilled nursing care at its Sacred Heart Home. An agreement was signed for PHS to donate 22 bed licenses, worth \$330,000, to Little Sisters of the Poor – Sacred Heart Home facility, located at 930 S. Wynn Road, Oregon.

"Thanks to this generous donation by ProMedica, we are now able to continue the work of our founder, Sister Jeanne Jugan, who is a role model for those who

care for the poor, the sick and the aging," says Mother Cecilia of Sacred Heart Home.

In April, Little Sisters of The Poor celebrated 125 years of caring for elders in need in northwest Ohio and southeast Michigan. The Sacred Heart Home offers a continuum of care from independent living apartments to licensed residential and nursing care. Currently, the Sisters provide nursing care and assisted living facilities for 50 people with an additional 23 residents who live in the apartments.

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Women in the News

20 North Gallery's Maralee Hope accepted at Sotheby's Institute

20 North Gallery announces that its first-ever university intern, Maralee Hope, has been accepted into Sotheby's Institute in New York. Ms. Hope, who graduated this spring from The University of Toledo with a BA in Art History, will be pursuing her MA at Sotheby's Institute this autumn.

Hope began her training with 20 North Gallery as part of a self-generated work / study internship in January 2009. After completing her semester-long internship, Hope remained as a volunteer Gallery Associate at 20 North Gallery until finishing her undergraduate studies. During her time at 20 North Gallery, Hope received training in event planning, marketing and promotions; media relations; interaction with world-class artists; creating contacts with high-level collectors; commercial gallery management; art handling and registrar experience; art sales experience, business relationships with professional affiliates in the Midwest, as well as receiving authorship credit in academic-quality publications related to 20 North exhibits.



Maralee Hope

Ms. Hope was the first intern to apply and be trained at 20 North Gallery.

At Sotheby's Institute, Hope will be studying for a career in international art, under the tutelage of world-class curators, collectors, artists' agents and academicians in New York, London and Singapore during her two-year course in the master's degree Programme of Contemporary Art and Art Sales.

Hope relates that, at her interview session in New York, the Institute director was "very impressed with all of the pro-

fessional work I had already done in the field, through my time at 20 North. Peggy [Grant, Art Director], Eric [Hillenbrand, Gallery Owner] and Condessa [Croninger, Associate Art Director] helped me to put together a portfolio of all the exhibits I had worked on and all of the skills I had learned there." "I have learned so much in Toledo—at UT and at 20 North Gallery—and I am so excited by this wonderful opportunity to take what I have learned, add to it with my future studies, and then share our incredible Midwest cultural resources with the rest of the art world," Hope states.

To view virtual tours by 360GreaterToledo of 2009 – 2010 art exhibits implemented by Maralee Hope at 20 North Gallery, visit www.20northgallery.net

Garden volunteer

The University Church, 4747 Hill Ave, Toledo, announced that Jacqueline Cobb, a 2010 graduate of The University of Toledo, will be sworn in as an AmeriCorps VISTA (Volunteer in Service to America) and will begin a year of full-time service in the Toledo community. Made possible by The Ohio Association of Second Harvest Food Banks, the focus of Ms. Cobb's work will be the development of a community garden to produce food for those in need, provide education on locally grown food and nutrition, and increase awareness of poverty and hunger in the community. Ms. Cobb will be hosted for her year of service by The University Church on Hill Avenue and the community garden will be developed there, on the eight-acre property.

Pilot Club names scholarship winner

Through funding from Pilot International Foundation, the Pilot Club of Greater Toledo has awarded Heather Liebherr its 2010-11 scholarship. Heather will be attending Ohio University, majoring in medicine.



Heather Liebherr

Pilot International Foundation is the philanthropic arm of Pilot International,

a nonprofit service organization whose mission is to improve the quality of life in communities worldwide. Its focus is prevention and education regarding traumatic brain injury and brain-related disorders.

Pilot International Foundation provides scholarship programs for students pursuing careers to assist individuals affected by brain-related disorders as well as students from countries outside the U. S. or Canada who will benefit persons in their home country upon their return.

More information is available at www.pilotinternational.org.



Front L-R: Molly Miller and Ani Copti; Back L-R: Vicki Davis and Annette Fink

Lourdes students, alumna participate in Italian art institute

A group of Lourdes College students and an alumna will travel to Europe where they will spend two weeks studying art and art history at the Studio Art Centers International (SACI). Founded in 1975 by American Artist Jules Maidoff, SACI is an educational institution located in Italy, offering accredited university-level instruction in studio art, design and the liberal arts.

Art students Annette Fink, Ani Copti and Molly Miller and 2010 alumna Vicki Davis will attend SACI through the center's summer program, which allows students to study in Florence on a credit or noncredit basis. Through the program,

they will take one class selected from a list of SACI courses in studio art, design, art conservation, art history and Italian language.

Lourdes art instructors Tom Hilty and Tamara Monk can directly attest to the high quality programs and valuable life experience students will gain while at SACI. For 18 years, Mr. Hilty served as a member of the Board of Directors and was recently bestowed the title of Emeritus Trustee. Ms. Monk was appointed to the President's Council. They will serve as Visiting Faculty Members during the 2010 summer session. For more information about SACI, visit www.saci-florence.org

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Horoscopes by Janet Amid

August 2010

*The summer looks out from her brazen tower,
Through the flashing bars of July."*


- Francis Thompson

Leo - The spotlight is on you!


The rhythm of the planets continuously marks the cosmic flow and beneath it there are reasons for all that exists.

Retrogrades occur when a planet moves closer to the earth, thus increasing the vibration of whatever energy that particular planet rules. For many of us, retrogrades can be stressful due to the intensity of the energy at hand. Sometimes during a retrograde, situations can become bittersweet. Jupiter, the planet of luck, turned retrograde July 23 and will turn direct in November 2010. For those born under the Jupiter-ruled sign of Sagittarius, expect the unexpected. This may not be your favorite cycle as it may cause you to act out of sorts. Be extremely watchful of money matters; don't be too hasty when dealing with the pressures of personal relationships. Also this month Mercury, the planet of reason, turns retrograde in the analytical sign of Virgo. As it creates an unusual aspect to transiting Jupiter, we may find that we are torn between doing what we should do and doing what we want to do. It's important to always apply reason; think before jumping the gun. In addition, as Pluto, transiting Uranus and Jupiter collide, the economical factor may be a continued flux. It's important that during this transit we learn to go with the flow and buckle under. As they say, this too shall pass.


Aries (March 21-April 19)

 Time to get your health matters in check. Pay extra attention to your anxiety levels. You may be feeling a bit overwhelmed this month as Jupiter, now in retrograde in your own sign, may be giving you a spin. Saturn in Libra, in opposition to your own sign, may be causing you to doubt yourself in areas of work; realize that much depends on perception. How you handle yourself in the key.


Taurus (April 20-May 20)

 As Mercury turns retrograde, it's important to get your rational thinking back on track. You have nothing to lose and everything to gain as you clearly focus on long-term financial goals. In addition to this, love matters new or existing may take on a new perspective. During this time you may begin to see your partnerships from completely different angles. Time to rethink your strategy.


Gemini (May 21-June 21)

 As they say, change is merely a motivation for growth. For the next few months or so, make the most out of unexpected upheavals - to see opportunities where others may see pitfalls. As Mercury in retrograde transits your area of home, you may become more introspective, as well as willing to take on more tasks. The desire to nest is indicated. However, you may be taken aback by expense. Be aware of how you communicate, you may unwillingly trigger some heated moments. Take a deep breath and keep on task.


Cancer (June 22-July 22)

 You may find yourself suddenly thrust into a new opportunity, or you may realize that your potential is higher than what you are recognized for. Nonetheless, it's important that you stand still, not make quick, rash decisions, though, as enticing as they may seem. Mercury, in retrograde in your area of everyday affairs and thoughts, cautions you to be aware of not only what you are saying but also how you are saying it. This is the time to weigh your words carefully.


Leo (July 23-Aug. 22)

 The focal point for the next few weeks is on money matters. During this transiting Mercury retrograde anything goes as the pendulum begins to swing. This could be a time where you may experience a windfall, or on the flip side, money matters could be unpredictable as well as unsteady. No matter which way you look at it, this is a time not to take chances.

Virgo (Aug. 23-Sept. 22)


 As Mercury turns retrograde in your own sign, you have nothing to lose and everything to gain as you clearly focus on long-term financial goal. In addition, it is time to focus on taking care of yourself. This is not the time to be taking chances with work matters, or making any hasty decisions. Clarity is the key.

Libra (Sept. 23-Oct. 22)


 You are in an unusual cycle as Mercury turns retrograde in your area of deeper thoughts. Reflection is the key word this month as you see yourself letting go of past and negative behaviors. In addition, this is an important time to stay as focused as you possi-

ble can, and be clear with dealing with partners, both on a professional or personal basis. Be well aware of stressful health matters.


Scorpio (Oct. 23-Nov. 21)

 This can also be a time of creating some boundaries for yourself and friends as Mercury retrogrades your 11th house. As the scales of caution are your trademark, this is a period to be careful with yourself. For the last six months or so, you may have found yourself feeling a bit overwhelmed. Focus on your priorities and smooth iron out the wrinkles.

Sagittarius (Nov. 22-Dec. 21)


 As the transits of the planets occur, you are finding yourself, no doubt, in the lead. This can be an opportune time for you, as your Sun sign is very well aspected by the influences in the cosmos. In actuality, there isn't much you cannot do, a very strong, good cycle for job change. This is a positive period for money opportunities. However, your weak link could possibly be romance. Take your time before jumping in.

Capricorn (Dec. 22-Jan. 19)


 For the next few months, take each day as it comes, and be cautious when taking on too many unnecessary obligations. It's time for you to focus on

your own needs for a change. As Mercury retrogrades your area of higher awareness, your first thought is to travel, open new doors, become more in tuned to education. Clearly speaking, this is a time for you.

Aquarius (Jan. 20-Feb. 18)

 The focus for the next six weeks or so are on money matters, or as we call it, your house of credit. This is a period in which you may have a sudden desire to pay more attention to details. Also, be aware that this is not the best time to make big money transfers. Stay as close to home as you can at this time. You may see yourself placing a lot of money into family and home matters.

Pisces (Feb. 19-March 20)

 During this month, you may find yourself seeking out better ways to create additional income. This is a strong, and positive cycle for you as your energy is given a facelift. You may also be feeling more creative than usual. Your area of love and partnerships may be going through a bit of a shift as Mercury, in retrograde, may bring important matters to the surface.

Astrological Tips: Speculation anyone? Best days Aug. 3, 8, 9, 12, 13, 14, 15, 16, 18, 19 and 20.

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Garden Club Forum citywide flower show

“Toledo Tapestry”



These four floral designs represented the Toledo Zoo.



The Designers Choice Award was won by Maria Gardinar, of Anthony Wayne Garden Club.



Dora Herold, of All Seasons Garden Club, took the Design Excellence Award.



This charming fairy garden was a blue ribbon winner for Wendy Kenyon.



In the club entry, Anthony Wayne Garden Club received the blue ribbon.



Alaina Meister took the blue ribbon for her wooden box composition.



This table represented the best in horticulture awards.



The top Horticulture Award went to Carolyn Manchester of Designing Men & Women.



A guest favorite was this woodland arrangement by the Maumee Garden Club.